



# CAST IRON

## BAR & GRILL

### 🔒 APPETISERS

<b>Caramelised Scallops</b>	12.00
Cauliflower, quinoa, basil pesto	
<b>Severn &amp; Wye Smoked Salmon</b>	9.00
Beetroot, watercress, toasted hazelnuts	
<b>🔒 Brisket Of Beef</b>	8.00
Skillet Yorkshire pudding, horseradish	
<b>Crispy Squid &amp; Chorizo</b>	7.50
Lemon mayonnaise	

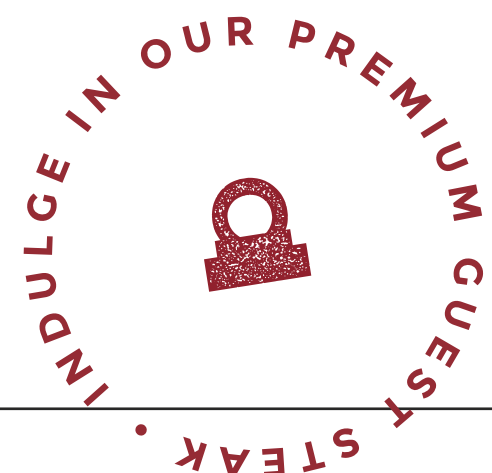
### 🔒 BURGERS & HANDHELDS

<b>🔒 Cast Iron Burger</b>	14.00
Beef patty, crispy bacon, cheddar, smoky chipotle sauce, fries	
<b>Odeiga Spiced Chicken Burger</b>	14.00
Avocado, mayonnaise, fries	

<b>Heritage Tomato (v)</b>	8.00
Whipped Rosary goats cheese, pickled shallots	
<b>Grilled Halloumi (v)</b>	8.50
Apple, celeriac, parsley, avocado	
<b>Soup</b>	6.00
Warm bread, butter	

### 🔒 FOR THE TABLE

<b>Kalamata Olives (v)</b>	3.50
<b>Basket of Baked Breads (v)</b>	3.50
English butter	
<b>Red Pepper &amp; Coriander Hummus, Pitta Chips</b>	4.50



## GRILL

### MAINS

*All mains served with chips*

<b>Flat Iron Chicken</b>	15.50
<b>Rack of Pork, crackling</b>	17.00
<b>Rump of English Lamb</b>	18.50
<b>Sea Bass</b>	17.50

### STEAKS

*All steaks served with Cast Iron butter, chips & watercress*

<b>220g Sirloin</b>	21.00
<b>250g Rib Eye</b>	24.50
<b>280g Rump</b>	19.00
<b>200g Prime Fillet</b>	27.00

### SAUCES

Peppercorn, Red Wine, Blue Cheese, Béarnaise	2.50
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We take pride in our steaks!

Our hand selected, prime cuts are sourced from the renowned Alec Jarrett farm in the South West of England.

Our grill chefs are trained through our certified **Cast Iron Steak Academy** to ensure you receive the finest quality steak, cooked just how you like!

### 🔒 SALADS

<b>🔒 Cast Iron Club</b>	13.50
Chicken, smoked bacon, avocado, beef tomato, hearts of lettuce	
<b>Breaded Mozzarella (v)</b>	15.50
Tomato, basil, rocket, vinaigrette	
<b>Breaded Chicken Escalope</b>	15.50
Rocket, Parmesan, crème fraîche dressing	

<b>Superfood Salad (v)</b>	10.50
Quinoa, herbs, broccoli, sumac, roast vegetables	
<b>Classic Caesar</b>	9.50
Parmesan, croutons, baby gem	
<b>Add Chicken</b>	13.50
<b>Add Salmon</b>	14.00
<b>Add Steak</b>	14.50

### 🔒 SIDES

<b>Steak Chips, Thyme, Sea Salt</b>	4.00
<b>🔒 Cast Iron Salad, vinaigrette</b>	4.00
<b>Tenderstem Broccoli, Bacon, Parmesan</b>	4.00
<b>🔒 Beef Brisket Mac 'n' Cheese</b>	5.00
<b>Parmesan Truffle Chips</b>	5.00
<b>Sweet Potato Fries</b>	4.00
<b>Garlic Buttered Potatoes</b>	4.00
<b>Sage Batter Onion Rings</b>	4.00
<b>Spinach &amp; Root Vegetables</b>	4.00

### 🔒 FISH, PASTA & CLASSICS

<b>Thai Green Curry (v)</b>	13.00
Tofu, vegetables, fragrant rice	
<b>Tortelloni (v)</b>	12.00
Tomato, basil, mozzarella, red pepper sauce	
<b>🔒 Fish 'n' Chips</b>	14.00
Atlantic cod, Cast Iron batter, crushed peas, fries, tartare sauce	

<b>Pappardelle Pasta (v)</b>	11.00
Mushrooms, spinach, poached egg	
<b>Mangalore Chicken</b>	15.00
Malabar sauce, coriander, naan bread, rice	
<b>Chalk Stream Trout Fishcake</b>	13.50
Lemon, parsley, spinach, poached egg, dressed salad	